# INTRODUCTION / RESOURCES FOR NEW SOCIAL PRESCRIBING LINK WORKERS IN LONDON





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I am the Regional Learning Coordinator for Social Prescribing Link Workers across London. This is an NHSE funded post - my role is to organise peer support, learning and networking opportunities for SPLWs across London.

Part of this is ensuring I have my ear to the ground in terms of how services are operating, what challenges SPLW are facing in order that I can organise relevant sessions, linking SPLW up with each other on an adhoc basis and feed back to NHSE where additional guidance and support would benefit SPLWs and the work they do.

My door is always open - and please do not hesitate to contact me with any challenges, questions or suggestions you may have.

Email: lianna.martin@nhs.net



## Have a read

NHS England has a range of materials to help you in your job. A <u>section</u> has been added to the FutureNHS Collaboration Platform\* which provides all the guidance, templates and info you need to carry out your role, including:

- Welcome and induction pack for new SPLWs
- NHSE support and resources for social prescribing
- London Social Prescribing Newsletters
- PCN social prescribing reference guide + Technical annex
- Implementation guide for PCNs this is a summary guide of what SP is for those implementing/ delivering social prescribing services, but could be of interest to Link Workers to gain further context of their role and useful as a reference when advising PCNs on guidance around the delivery of effective social prescribing
- \* If you are not registered with the FutureNHS Collaboration Platform you can join here.

# **10 top tips for new SPLWs**

- 1. <u>Sign up</u> to receive the monthly London social prescribing newsletter and hear about events, learning opportunities and general updates relating to social prescribing.
- 2. Attend a London Peer Support Session (sign up here) and Peer Learning Session (sign up here).
- 3. Follow us on Twitter <u>@SP\_LDN</u> and see our <u>Social Prescribing Website</u>.
- 4. Watch the most recent webinar welcoming new SPLWs.
- 5. Read Information for New Social Prescribing Link Workers.
- 6. Explore our London Region page (especially <u>New Social Prescribing Link Workers</u>, <u>SP Toolkit</u>, <u>Case</u> <u>studies</u>, <u>London Webinars</u>)
- 7. Look through NHSE's backlog of recorded webinars there have been some great topics covered here
- 8. Watch Social Prescribing: Transforming Health for London.
- 9. Register and explore training modules available via <u>https://portal.e-lfh.org.uk/</u>, especially <u>Social</u> <u>Prescribing Learning for Link Workers</u>.
- 10. Make sure you are looking after yourself.

#### Resources

- HLP <u>Social Prescribing Website</u> and Twitter <u>@SP\_LDN</u>
- London Mailing List <u>sign up form</u>
- London Social Prescribing Newsletter access past issues <u>here</u>
- London Peer Support <u>sign up from</u>
- FutureNHS Collaboration Platform (<u>National workspace</u> including <u>Webinars</u>)
- FutureNHS Collaboration Platform (London Region page including New Social Prescribing Link Workers, SP Toolkit, Case studies, London Webinars)
- Information for New Social Prescribing Link Workers (National level)
- <u>Welcome and induction pack</u> for new SPLWs
- NEL Guide for new Social Prescribing Link Workers available <u>here</u>
- NHSE support and resources for social prescribing
- PCN social prescribing reference guide + <u>Technical annex</u>
- Implementation guide for PCNs
- Film Social Prescribing: Transforming Health for London.
- Training programme <u>Social Prescribing Learning for Link Workers</u>
- National Academy for Social Prescribing website access <u>here</u>
- The Social Prescribing Network access <u>here</u>
- London Social Prescribing Network (LondonPlus) access <u>here</u>
- National Association of Link Workers access <u>here</u>

# **Contact us**

Please feel free to contact our team if you have any questions related to Social Prescribing in London:



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