



Transformation Partners

in Health and Care

The latest evidence for social prescribing - resources

Community led prevention team

October 2024

For resources to guide evaluations of social prescribing, please see our [Evaluating Social Prescribing Toolkit](#) for local services and the [NASP directory of resources](#).

The latest evidence for social prescribing - reviews

NASP Evidence reviews

- Economic case for social prescribing
- How to support VCSFE to evaluate SP
- CYP social prescribing
- Older people
- Arts, culture and creativity
- Physical activity
- Financial, social and legal social prescribing
- Nature
- Measuring outcomes for social prescribing
- Funding models
- Who is and isn't being referred
- Accessibility of social prescribing
- Social prescribing and mental health

- [The impact of social prescribing services on service users: a systematic review of the evidence \(2020\)](#)
- [Effectiveness of Social Prescribing Programs in the Primary Health-Care Context: A Systematic Literature Review \(2021\)](#)
- [Can Social Prescribing Foster Individual and Community Well-Being? A Systematic Review of the Evidence \(2021\)](#)
- [Effect of social prescribing link workers on health outcomes and costs for adults in primary care and community settings: a systematic review \(2022\)](#)
- [Social prescribing outcomes: a mapping review of the evidence from 13 countries to identify key common outcomes \(2023\)](#)

Local reports

Merton

[Initial pilot 2018 - funded by public health Merton](#)

[A study of the upscaling of the Social Prescribing Service in Merton \(2021\)](#)

Waltham Forest

[The Social Prescribing service in the London Borough of Waltham Forest final evaluation report \(June 2017\)](#)

Redbridge

[An evaluation of Social Prescribing in the London Borough of Redbridge final evaluation report \(2020\)](#)

Tower Hamlets

[Social Prescribing Service Bromley by Bow Centre Annual Report: April 2018 - March 2019](#)

[Proactive social prescribing/ Crisis Social Prescribing Interim Impact Report June 2020 at Bromley By Bow Centre](#)

More reports, infographics, surveys and case studies by BBBC [here](#)

Southwark

[Executive summary report – review of social prescribing – 2019](#)

[Full report – review of social prescribing - 2019](#)

PCN level

[NAPC – impact of social prescribing on Frailty](#)

[NAPC – Impact of social prescribing on Obesity and Diabetes](#)

Evaluation reports at a larger footprint

Newcastle

[Ways to Wellness: The First Six Years report, 2021](#)

Kent

[The Impact of social prescribing on demand for acute care in West Kent - A summary of report findings February 2023](#)

National – in progress, ends Feb 2025

[Multi-region \(and multi-level\) evaluation of the roll out of social prescribing link workers in primary care](#)

How ICBs have built the evidence for social prescribing – nine examples across England – NASP – publication in November 2024

Social prescribing impact on Long Term Conditions Evidence review – NASP – in progress