

“If you’re sent a free NHS bowel cancer screening kit, you should complete it as soon as possible.”



Dr Laurence Blumberg, GP
Stamford Hill Group Practice

The NHS bowel cancer screening kit can save your life.

You do it privately at home by following a few simple steps. Just a tiny sample detects signs of cancer before you notice anything wrong and most people get the all clear.

If you’re sent a kit, put it in the bathroom. Don’t put it off.

nhs.uk/bowel-screening

**Screening
saves
lives**

**Help us
help you**