"Your next trip to the toilet could save your life. If you're sent a free NHS bowel cancer screening kit, you should complete it as soon as possible."

Dr Austin, Consultant Colorectal Surgeon



## The NHS bowel cancer screening kit

## can save your life.

You do it privately at home by following a few simple steps. Just a tiny sample detects signs of cancer before you notice anything wrong and most people get the all clear.

If you're sent a kit, put it by the toilet. Don't put it off.

## nhs.uk/bowel-screening

