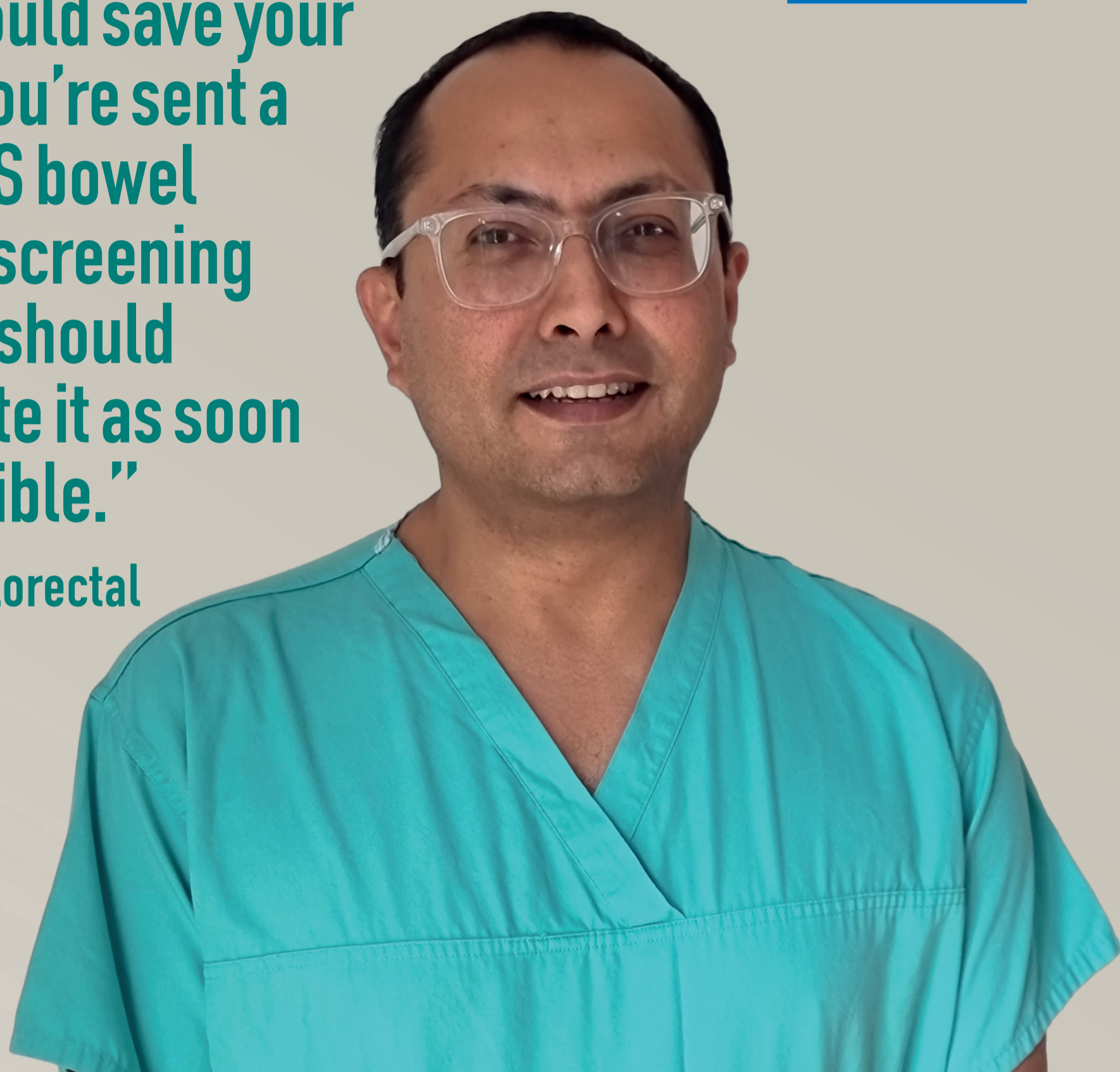


**“Your next trip to the toilet could save your life. If you’re sent a free NHS bowel cancer screening kit, you should complete it as soon as possible.”**

**Dr Sas, Colorectal Surgeon**



## **The NHS bowel cancer screening kit can save your life.**

You do it privately at home by following a few simple steps. Just a tiny sample detects signs of cancer before you notice anything wrong and most people get the all clear.

If you’re sent a kit, put it by the toilet. Don’t put it off.

[nhs.uk/bowel-screening](https://nhs.uk/bowel-screening)

**Screening  
saves  
lives**

**Help us  
help you**