

“Your next trip to the toilet could save your life. If you’re sent a free NHS bowel cancer screening kit, you should complete it as soon as possible.”

**Dr Shraddha,
Consultant
Gastroenterologist**



The NHS bowel cancer screening kit can save your life.

You do it privately at home by following a few simple steps. Just a tiny sample detects signs of cancer before you notice anything wrong and most people get the all clear.

If you’re sent a kit, put it by the toilet. Don’t put it off.

nhs.uk/bowel-screening

**Screening
saves
lives**

**Help us
help you**