

Faecal Immunochemical Test (FIT) in the Emergency Department

If you are aged 40 or over and have a change in your bowel habits, you may be offered a FIT (poo test).

FIT looks for tiny traces of blood in your poo that are too small to see. These traces of blood could be linked to many common bowel conditions, including bowel cancer.

Most people with bowel symptoms don't have cancer. However, it's important to get your symptoms checked out.

What will I need to do?

The test is really easy to complete.

You will be provided with a FIT testing kit and an instruction leaflet about how to complete and return the test.

Make sure that the hospital has your correct address and phone number to contact you with your test results.

Scan the QR code opposite for guidance on how to complete your FIT or visit: bit.ly/fitnel

