

Health Innovators Pilot project: Hounslow Asylum Seekers and Refugees

- Reach out to residents of the hotels and discover what matters most
- Aim to engage residents of the hotel through initial TEA & TALK sessions and to explore what matters to them most within our social prescribing remit
- Social prescribers as links to the community
- Supporting healthy lifestyle
- Sign-posting - Advice/Information

Would like access to a gym or other physical activities

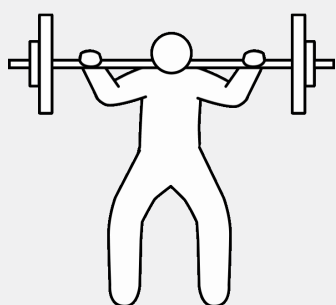
Asylum seeker resident, 35yrs F

Would like more access to food. Wife pregnant

Asylum seeker, 45yrs M

Common themes of resident needs:

- english language lessons
- food
- warm clothing
- physical activities e.g. access to gyms, outdoors



8%

Service users in hotels Invited to the tea&talk attended

82%

Social Prescribing Link Workers in project attended prep training and activities

100%

Service users mood charts Improved after the activities

50%

Service users attendance to activities Full attendance for languages, walks weather dependant



Hounslow PCNs Social Prescribers

Learn more here: