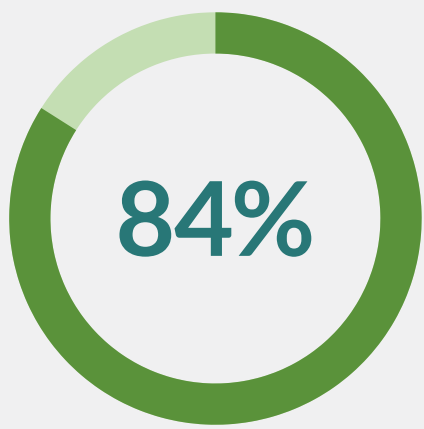


HBD Women's Health Network in Lambeth



Addressing health inequalities by proactively engaging patients to encourage supportive community connections and raise awareness of how to better manage their health

84% of attendees reported that their first contact with Link Workers was at a Women's Health Network session (snapshot of one session)

A patient commented that attending the WHN session is the best thing she'd done since covid and that she no longer needed her anti-depressants.

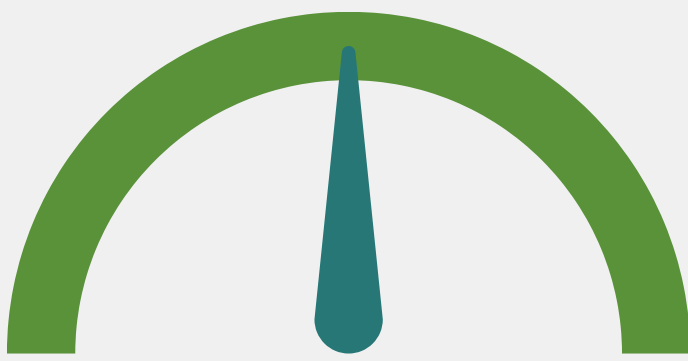
GP from a participating practice

Really valuable thing you guys have put together here, each woman mentions it in each discussion.

Clinical colleague - Pharmacist who has supported 2 sessions

By bridging the gap between Link Workers & community based support we have:

- Reduced waiting times for Link Worker 1st contact for patients at the busiest practices.
- Patients are being signposted and offered support more quickly.
- Raised patient awareness about the support and well-being options available to them.
- Built capacity through group working, collaborating with community partners and encouraging peer support which lessens the dependency on link worker support.
- Spearheaded collaboration and co-design with clinical colleagues and community organisations.
- Secured additional funding to continue sessions from April to end of June 2023.



Reduction from 6 to 3 weeks in waiting list times at busiest practice since October 2022 through engaging those on the waiting list via these sessions

50%

We have increased our patient reach by 50% (225 patients) over the last 6 month period



Supported by
HBD Hills, Brook & Dale PCN

Finding out about the variety of services offered

Taking time out from home for myself

The sessions are thrilling, everyone is enthusiastic and always very practical

Having people to talk to face to face

What do attendees enjoy about the sessions?

Meeting new people

12 sessions delivered since October 2022 -
7 more scheduled before the end of June 2023