Barking & Dagenham Innovators Project 2022 - 2023



87% of patients seen in the 20 pop up clinics received Social Prescribing support either through full referral or signposting with Link Workers and Care Coordinators.

Social Prescribing areas of referrals Housing / Money & Debt / Mental Health / Family Support / Adult Learning & Employment / Substance Misuse / Domestic Abuse / Healthy Lifestyles / Social Isolation and Loneliness

The nappies and milk given to me for my 8 week old baby was so needed - I felt listened to and was given support quickly

single mum, asylum seeker

Thank you so much for listening and supporting with food and mental health services. I am now volunteering to support others

newly diagnosed mental health patient

- 399 patients attended Pop Up Clinics saving £15,960 from GP appointments
- 19,000 patients invited from different cohorts on different days including Mental Health, Carer, over 75's, LD patients, frequent attenders, families with children under 5
- Housing main area of concern for patients closely followed by Money & Debt, Family Support and Healthy Lifestyles



£15,960

Saved from GP appointments not being needed (approx cost £40 per GP appointment)

53%



Patients attended pop up clinics across 5 PCN areas



Patients seen in clinics needed Housing support



Link Workers, Care Coordinators and partners on National Social Prescribing Day 2023 socialprescribing@lbbd.gov.uk