

# Barking & Dagenham Innovators Project (SPIP12) – Lucy Walsh, Emma Gillan

(Care Coordinator East One, Relationship Manager and Link Worker East One)

**AIM:** to improve access to SP services for those in the community who aren't able to access via the GP referral pathway.

### Target goals/outcomes:

1. Increase number of social prescribing referrals for vulnerable patient groups
2. Create alternative and easier referral pathway, in a relaxed and welcoming environment
3. Reduce number of Non medical GP appointments

### Impact:

Running pop up clinics in community venues across five PCN areas:

- Each PCN ran individual events and one joint event in aid of SP Day
- Third sector organisations invited to share services and enable sign ups
- **399 patients attended** which was estimated to save **£15,960 in reduced GP appointments**
- **87% of patients** seen in the **20 pop up clinics** received Social Prescribing support either through full referral or signposting with Link Workers and Care Coordinators
- **19,000 patients invited** from different cohorts on different days including **Mental Health, Carer, over 75's, LD patients, frequent attenders, families with children under 5**
- **Housing** was the main area of concern for patients (**53%** needed housing support) closely followed by Money & Debt, Family Support and Healthy Lifestyles



### Highlights:

- Proactively targeting 'at risk' cohorts of patients
- Providing safe space to meet in a community setting, allowing for more time to sit with patients, understand needs and support immediate referrals
- Developed stronger relationships between third sector services in local area and SPLWs