

How do I become a Peer Supporter at PICuP?

Peer Supporters should be supported by their therapist when they apply.

They are also required to attend the South London and Maudsley NHS Foundation Trust one day volunteering course and to undertake an occupational health and DBS check (formerly CRB check).



Winners 2017
Quality, Excellence & Learning
Award

Winners 2015
Psychology & Psychotherapy
Service User
Involvement Award



"To tell your own story, just take a deep breath, look the people in the eye, and tell your own powerful truth from your heart as you know it, as it happened to you"...

Ken Braiteman

Christopher Shoulder

Peer Recovery Officer

PICup Clinic | P079, Maudsley Psychology
Centre | Denmark Hill | London | SE5 8AZ

Phone: 0203 228 3458

Mobile: 07814 690 461

E-mail: Christopher.Shoulder@slam.nhs.uk

FOR HEALTHCARE LEADERS
HSJ
AWARDS FINALISTS 2017

NHS
South London
and Maudsley
NHS Foundation Trust

2018
LAMMY
AWARDS

NHS
South London
and Maudsley
NHS Foundation Trust

Winners
Putting Patients First
Award for Healthcare
Professionals
2018

Winners
Transforming Lives
2018



Peer Support and Involvement at PICuP

Psychological Interventions Clinic for Outpatients with Psychosis

A BREAKTHROUGH INITIATIVE
POSITIVE
Practice
Mental Health Collaborative

Winners
Primary &
Community Mental
Health Care
2018

We train volunteers who have had recent experience of receiving therapy at PICuP to support others to access therapy.

Our supporters are able to share their experience of therapy at PICuP with anyone who may be concerned or curious about what is involved in therapy.

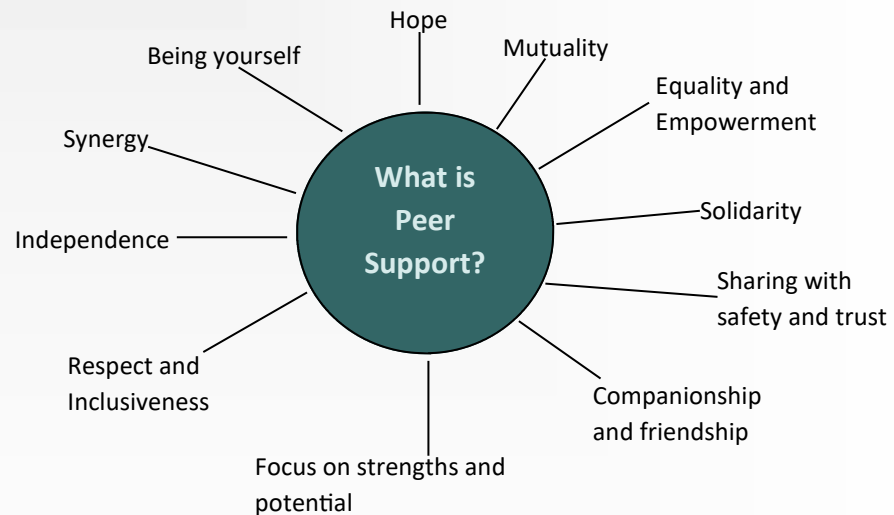
They can also support people who have difficulties getting to therapy appointments by accompanying them on their journey.

“If we can share our experience we can learn together”



Peer Support at PICuP

Peer Support at PICuP is a support for people referred to PICuP. The service allows people to find out about what therapy is really like from those who have already received it. Our volunteers can also support people to attend their therapy appointments and to access the community.



How can I receive Peer Support?

If you feel that you would benefit by speaking to a Peer Supporter prior to therapy or if you feel you would benefit from support to attend therapy, please tell the assistant psychologist at your initial assessment. Every effort will be made to identify a suitable Peer Supporter.

If at any time during therapy you feel you would benefit from support to get to your appointments, please inform your therapist. Alternatively, you can contact:

Chris Shoulder, Peer Recovery Officer

Tel: 020 3228 3458; Mob: 07814 690 461; Email: Christopher.Shoulder@slam.nhs.uk