

48 Hour Review for Children who have attended Hospital with Wheeze or Asthma

This leaflet explains more about the recommended 48 hour GP review for all children who have attended hospital with asthma or wheeze.

What is the 48 hour review?

If your child has been treated either in the emergency department or admitted to the inpatient ward for an acute asthma or wheeze attack, then they should be seen by their own GP within 48 hours (two working days) of being discharged from hospital. Your GP will review your child to ensure the attack is subsiding and that their asthma or wheeze is being managed as well as possible outside of hospital.

It is important that your child attends the appointment with your GP for the 48 hour review. The asthma nursing team will check if you have attended for this appointment to ensure you are being supported to manage your child's symptoms.

Your appointment details are as follows. This appointment may have been made for you by the ED navigator or the asthma nursing team. You may be contacted later if your child is discharged outside of normal working hours. If not made please ensure you contact your GP to make the appointment.

Date: **Time:** **Location:**

What happens at the review?

At the review your GP will:

- Check your child's attack is resolving and assess for how long your child will need to continue to take oral steroids. This may have been started during your hospital visit and is normally for 3-5 days but may be longer in some instances.
- Review your child's reliever inhaler acute management plan and ensure you have enough medication.
- Check your child's inhaler technique,

- Review any controller treatment and record any changes in your child's medical record.
- Identify and discuss any trigger for the attack.
- Assess how the attack was managed at home and to work with you as a family so that your child might not need to go to hospital for treatment in the future.
- Discuss with you if anything else may be having an impact on your child's asthma or wheeze or be happening because of it.
- Any help with giving up smoking if needed.
- Update your child's personalised asthma action plan or create one for you.

What do I need to bring to the 48 hour review?

Please bring all your child's inhalers and spacer devices to the GP review as well as the personalised asthma action plan if you have one and a copy of your hospital discharge letter

Useful sources of information

The asthma nursing team has a Twitter page: @SGHAsthma

You may also find the following website useful: www.asthma.org.uk

Contact us

If you have any questions or concerns about your child's 48 hour review please contact us on 020 8725 3043. Our working hours are Monday to Friday 8am to 6pm and weekends / bank holidays 9am to 1pm. **Please be aware that at times the office is not attended and you will access our answerphone. Please leave a message with your child's name, date of birth or hospital number and a contact telephone number and we will call you back.**

Out of hours, email: stgh-tr.childrensasthma@nhs.net or paediatricasthma@stgeorges.nhs.uk

For more information leaflets on conditions, procedures, treatments and services offered at our hospitals, please visit www.stgeorges.nhs.uk

Additional services

Patient Advice and Liaison Service (PALS)

PALS can offer you on-the-spot advice and information when you have comments or concerns about our services or the care you have received. You can visit the PALS office between 9.30am and 4.30pm, Monday to Friday in the main corridor between Grosvenor and Lanesborough wings (near the lift foyer).

Tel: 020 8725 2453 **Email:** pals@stgeorges.nhs.uk

NHS Choices

NHS Choices provides online information and guidance on all aspects of health and healthcare, to help you make decisions about your health. **Web:** www.nhs.uk

NHS 111

You can call 111 when you need medical help fast but it's not a 999 emergency. NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

Tel: 111

AccessAble

You can download accessibility guides for all of our services by searching 'St George's Hospital' on the AccessAble website (www.accessable.co.uk). The guides are designed to ensure everyone – including those with accessibility needs – can access our hospital and community sites with confidence.



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