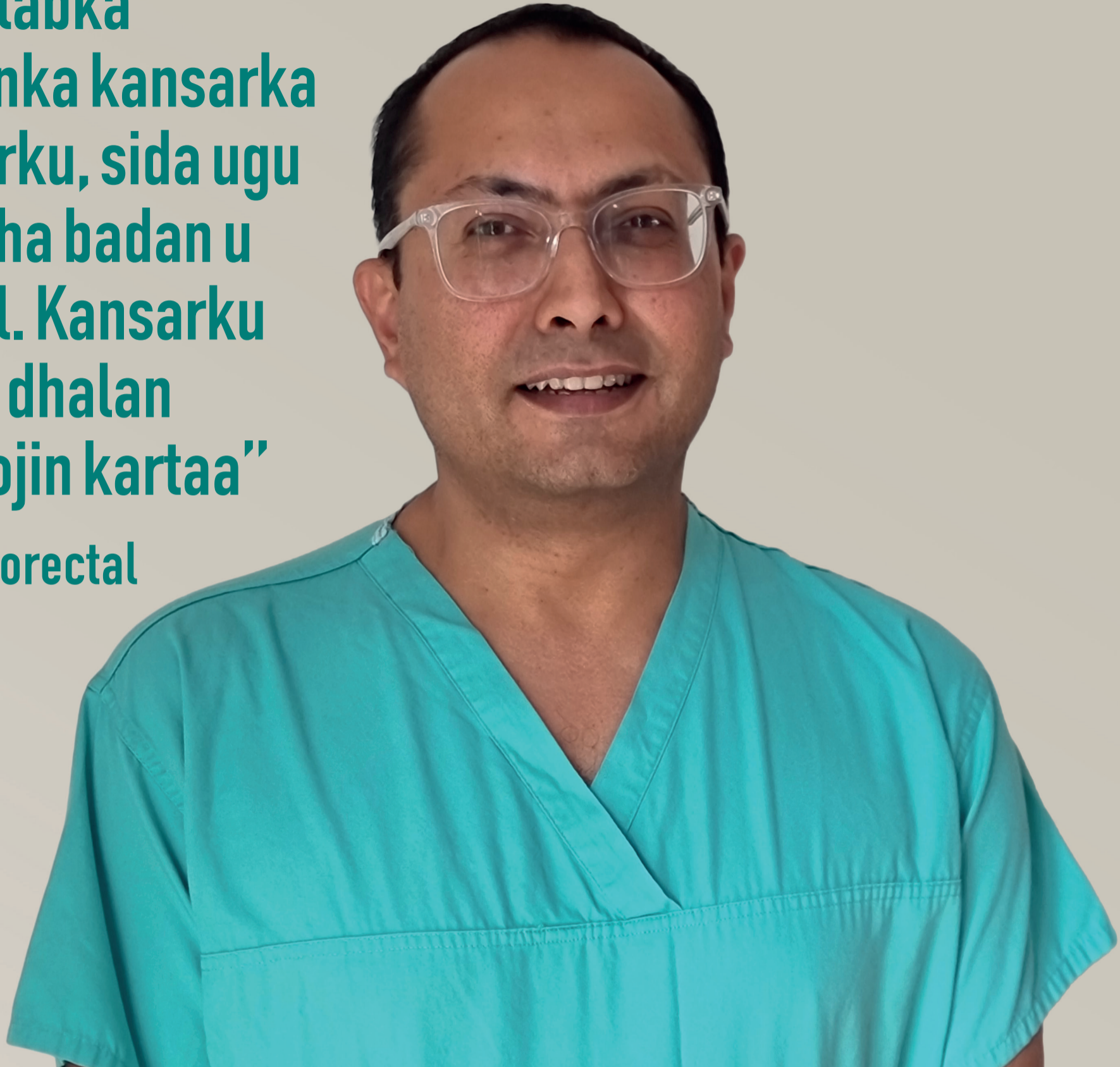


“Haddii uu ku soo gaaro qalabka baaritaanka kansarka mindhicirku, sida ugu dhakhsaha badan u isticmaal. Kansarku intuusan dhalan ayaad joojin kartaa”

Dr Sas, Colorectal surgeon



Baaritaanka joogtada ah ayaa intuusan dhalan kansarka joojin kara.

Kansarka mindhicirku wuxuu ka mid yahay kansarrada aadka loo yaqaan, waxaana looga hortegi karaa in si joogto ah la iska baaro. Qalab kansarka mindhicirka lagu baaro oo bilaash ah ayaa loo diyaariyay qof kasta oo London deggan oo da'diisu 56–74 u dhexeyso. Qalabka waxaa loogu talagalay dadka aan calaamadaha xanuunka isku arkin, dadka badankiisna waxba lagama helo

Si aad wax badan u ogaatid, booqo:
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