

# ARE YOU OR A LOVED ONE STRUGGLING WITH...

- Registering with GP and you live in Deptford and New Cross?
- Using the internet or apps to manage your healthcare?
- Making GP appointments?
- Understanding what's happening with your GP/hospital care plan?
- Arranging tests or investigations your GP has asked you to do?
- Getting follow up with your GP?
- Coordinating your healthcare?

# DO YOU NEED SUPPORT WITH MANAGING YOUR HEALTH CARE?

## CARE COORDINATION WILL:

- Help you to register with a GP
- Help you make appointments for tests and hospital follow up
- Find out what's happened to your referral
- Support you to get online and use digital tools to manage your health
- Providing access to information and resources to help you build your knowledge, confidence and skills
- Connect you to other services in the community
- Understand your story and your needs and help other professionals understand this

  
**North Lewisham**  
Primary Care Network

 Call us: 02030498300 (9-4pm Mon-Fri)

 Email us: [selccg.northlewishampcn@nhs.net](mailto:selccg.northlewishampcn@nhs.net)

Visit us at the Waldron Health Centre, Main Entrance, SE14 6LD. Monday – Friday 9-5

# OUR CARE COORDINATORS ARE HERE TO HELP YOU!

- Our friendly and diverse team of care coordinators are based within the Waldron Health Centre. They work for the 9 GP surgeries in North Lewisham (our Primary Care Network). They are here to help residents who are struggling to access their GP or hospital care. Our care coordinators speak different languages and are here to help you.
- They can help support you to manage your healthcare and help to communicate with your health care professionals. We can help signpost you to community groups and other team members who can support you if you are struggling with your health and wellbeing.



## WHO CAN WE SUPPORT?

- Anyone who is not registered with a GP but lives within North Lewisham (Deptford and New Cross) OR registered at one of the following GP practices:
  - Amersham Vale GP Practice
  - Grove Medical Centre
  - Vesta Road
  - Queens Road Surgery
  - Deptford Medical Centre
  - Kingfisher Medical Centre
  - Deptford Surgery
  - Clifton Rise Family Practice
  - New Cross Health Centre (Hurley)



  
hurley group  
New Cross Health Centre

  
Grove  
MEDICAL CENTRE  
for all

Vesta Road Surgery

  
Clifton Rise Family Practice  
Offering Care for Family Health, Young Care for the Health of the Nation

  
NHS Kingfisher Medical Centre  
Providing NHS services

  
Amersham Vale  
Practice

  
QUEENS ROAD  
PARTNERSHIP

Deptford Medical Centre

  
NHS Deptford Surgery  
Providing NHS services

We need the following information:

- Clients Name
- Languages spoken
- Communication Needs (e.g. if unable to receive phone calls)
- Contact information (please provide as many options as possible including any advocates/carers etc)
- Brief reason for contacting us