

Benefits of RTS – 'Real Time Learning'

CYP –Suicide Prevention Shared Learning Event. Wednesday 12th May 2021

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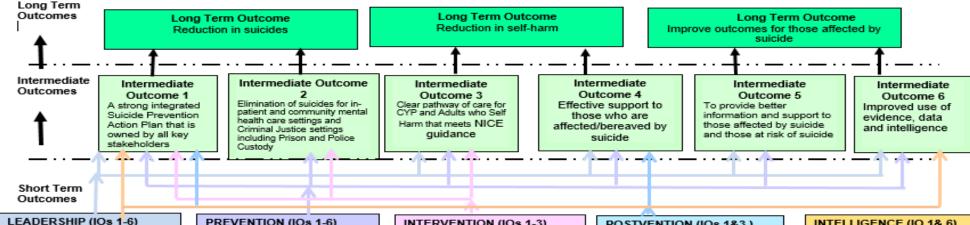
Lancashire South Cumbria Context

- ICS Leadership
- Multi Agency Governance
- Real Time Surveillance Established
- Strong Links with Children's Safeguarding and CDOP
- Real Time intelligence led response capability
- Early Learning culture

ICS LOGIC MODEL ACTION PLAN

Lancashire and South Cumbria STP Suicide Prevention Logic Model

Vision Lancashire and South Cumbria residents are emotionally resilient and have positive mental health



ST Outcome 1 An effective Suicide Prevention Oversight Board

ST Outcome 2 Greater integration of suicide

reduction activities within other strategies and service plans

Short Term Outcome 3 Secure high level Lancs and South Cumbria political support for suicide prevention, with support from local political mental health champions

PREVENTION (IOs 1-6)

ST Outcome 4 Increased awareness of suicide risks and suicide prevention ST Outcome 5

Improved mental health and wellness Short Term Outcome 6 Communities and service providers are more skilled to identify individuals at risk of suicide and respond appropriately

Short Term Outcome 7 The media delivers sensitive approaches to suicide and suicidal

behaviour Short Term Outcome 8 Restrict access to means and respond effectively to High risk

Short Term Outcome 9 Increased awareness of impact of Adverse Childhood Experiences Short Term Outcome 10 Development of an Offender MH Pathway for when released in to the community

INTERVENTION (IOs 1-3)

Short Term Outcome 11 Preventing and responding to selfharm, ensuring care meets NICE quidance

Short Term Outcome 12 Adoption and full implementation of a Perfect Depression Care Pathway that meets NICE guidance Short Term Outcome 13

High risk groups are effectively supported, and risks minimised through effective protocols and safeguarding practices

Short Term Outcome 14 24/7 functioning CRHTT that are high CORE fidelity

Short Term Outcome 15 Liaison Mental Health Teams that meet CORE 24 standards Short Term Outcome 16

Dual Diagnosis pathways, ensuring care meets NICE guidance (NG58) are agreed and implemented

POSTVENTION (IOs 1&3.)

Short Term Outcome 17 All those bereaved by suicide will be offered timely and appropriate information and offered support by an appropriate bereavement services within 72 hours

Short Term Outcome 18 All identified suicide clusters have a community response plan and schools have a post suicide intervention protocol in place

INTELLIGENCE (IO 1& 6)

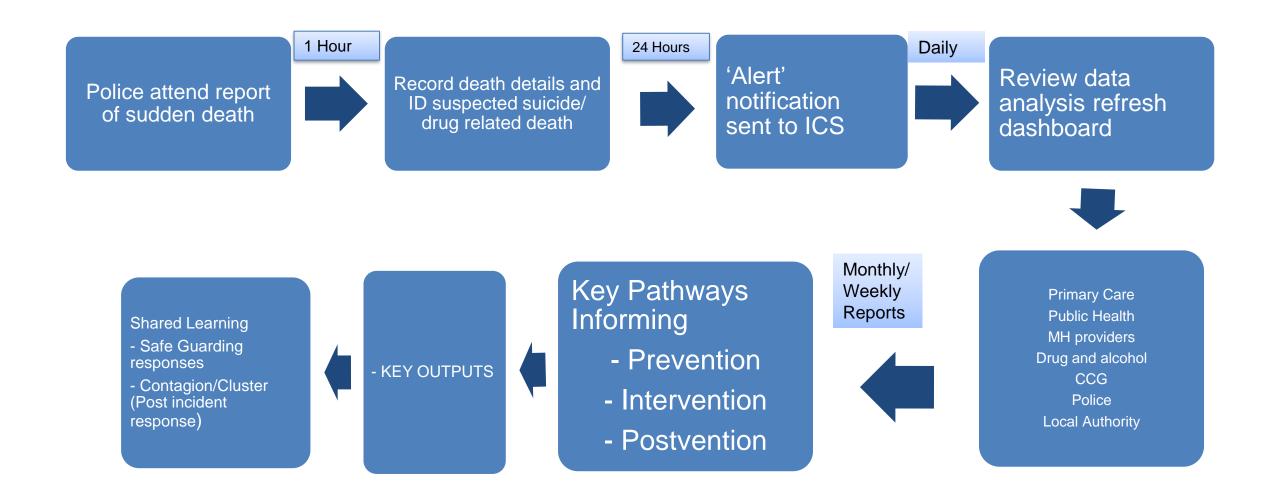
Short Term Outcome 19 To establish a data collection and evaluation system to track progress

Short Term Outcome 20 To develop a consistent Suicide Audit template and schedule is agreed by all LAs

Short Term Outcome 21 To have 'Real-Time Data' surveillance system across Lancs+ SC re suicide and attempts and drug related deaths

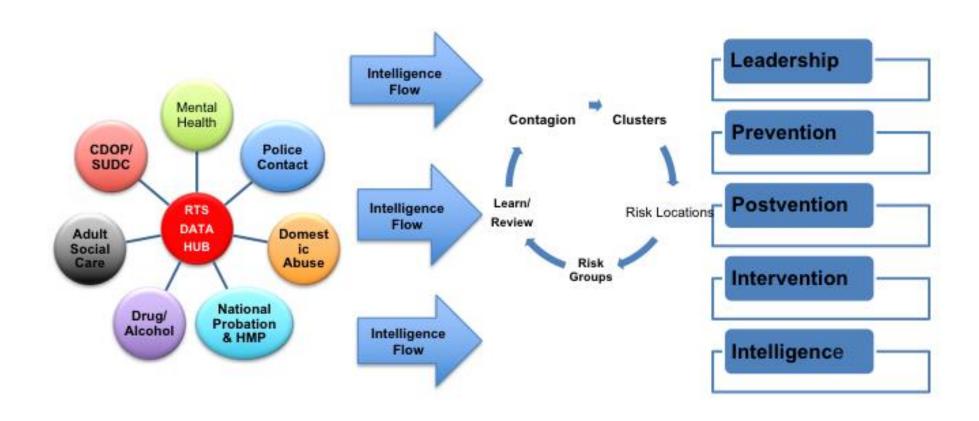
Short Term Outcome 22 Sharing lessons learnt, best practice and recommendations from Serious Case Reviews/ Child Death Overview Reviews

Data – Real Time Alerts Process



Real Time Surveillance- Data Connectors and Flow Model

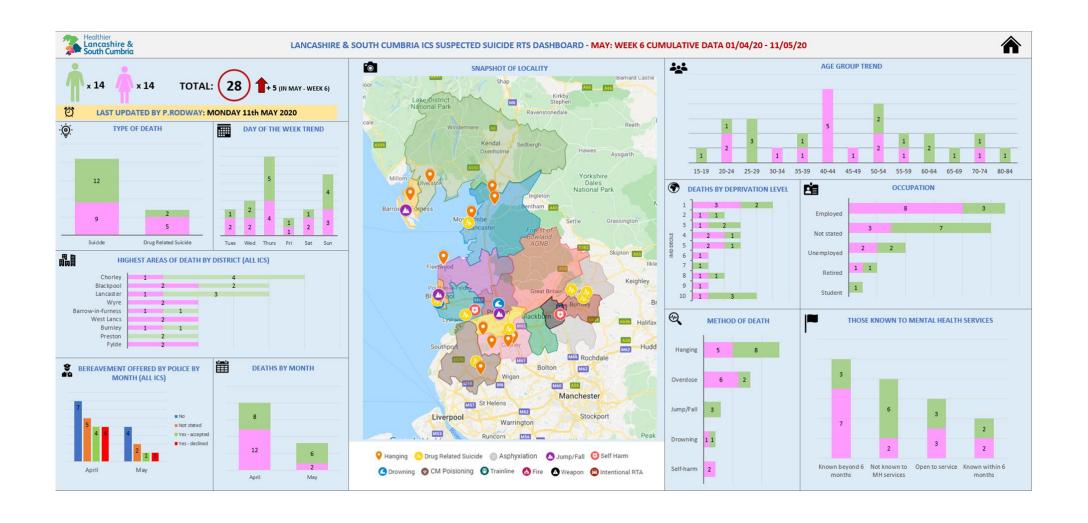
Intelligence Led approach



ICS Real Time Surveillance Key Guiding Principles

- 1. Suicide Prevention is everyone's Business.
- 2. We agree to share information and data across organisations to increase learning and new action opportunities.
- 3. We will be intelligence led in all our responses to real time information.
- We will work together and collaboratively to increase our capacity to prevent self harm and suicide.
- 5. We share the 'prevention' challenge and accept mutual accountability to reduce suicide and self harm.
- Rapid delivery of local responses to local problems supported by timely research and analysis.

ICS ICS DASH BOARD







Circled in red are cluster areas of hanging cases (pink dots) which was most prevalent in Blackpool, Preston, Rossendale and Chorley

There is a line of suicide by overdoses from Blackburn to Burnley with some cases in Preston too (blue dots circled in yellow)



Schools Critical Incident Learning Event

- October 2019 -Haslingden High School Child 'R' aged 17 years Completed suicide from road bridge near school
- 2. January 2020 Haslingden High School Child 'J' aged 14 years attempt suicide same location.
- 3. January 2020 Coal Clough Acadamy Child 'O' aged 15 years completes suicide at home address.

What Worked Well.

First 24 hours.....

- Managed the immediate situation
- Close liaison with the police
- Managed the end of school given the A56 being closed and emergency services still at the scene
- Immediate conversation with the LCC media team
- Met with specific staff (teachers that day, form tutor etc)
- Broader communication strategy. Communication with all stakeholders (parents, students, staff, governors, external agencies)
- Briefings with staff and students Assemblies
- Nominating a named person to be the sole contact for the family in school conversations with the family
- Contacted local councillor
- Arranging for the school nurse to come into school the next day allocate areas
- Similar arrangement with the police and sought other services
- Began to develop a spreadsheet identifying vulnerable students and staff
- Left school at roughly 11pm

What Worked Well – After 24 Hours.

After the first 24 hours...

- Met with students and staff on the vulnerable list triaged
- Contact with specific external agencies as required
- Strategy discussion well prepared
- Fielding daily calls from parents or members of the community
- Accessed support for whole staff arranged for the 4 Samaritans counsellors to come into school
- Suicide awareness training for all staff
- Meeting with community policing team and the East Lancashire Press Officer for the police
- Contacting Jason Milburn, founder of 'Jack's club'. Assembly for the year group
- Meeting a prominent local councillor within two days of the incident
- Educational Psychologist conversation (supported by a member of SUDC)
- Review of CPOMS and student's records
- 1 hour information session for parents 'How we work together to keep children safe'. Recorded and online survey used to collect responses
- Didn't feel as though the finger was being pointed with immediate external agencies

- Overwhelmed with information from external agencies in excess of 15 calls in the first 12 hours, whilst trying to formulate plans – Vicky Wagstaff (emailed a summary)
- Time to prepare for staff and student briefings
- The reputation of the school within the local community (not having a voice)
- The critical incident policy not a practical tool



Need to develop a guided record sheet for a detailed chronology:

	DAY 1	
Assess the ongoing danger emergency services	and take necessary acti	on eg evacuation/
Done: Time:	Date:	
Name of Person:		_
Allocate roles to staff men	nbers	
Lead Roles	Person Responsible	Mobile Number
Establish central information point		
Set up dedicated phone line		
Arrange staff briefing and debriefing (set regular times)		
Inform pupils		
Inform parents		
Manage Media (prepared statement)		
		1

List of Key Contacts (name)	Phone Number	Do
Principal/Vice-Principal		
Education and Library Board's Critical Incident Response Team		
Chair of Board of Governors		
Council for Catholic Maintained Schools		
Local Clergy/Faith Workers		
Local Police		
Fire Brigade		
Hospital		
Designated Medical Officer		
Communications Officer		
School Nurse		
Educational Psychologist		
Educational Welfare Officer		
Counselling Services		

Brief all staff	
Remember	Clear factual information
	Advice on how to inform & support pupils
	Team working and practical arrangements (eg cover,
	flexibletimetable, recovery room)
	Support for staff
	Identify vulnerable staff
	Inform absent staff
	Set time for debrief session son responsible: Date:
	ion responsible:
Time:	on responsible:
Time:	on responsible: Date: Clear language (no euphemisms)
Time:	Clear language (no euphemisms) Dispel rumour
Time:	Clear language (no euphemisms) Dispel rumour Offer support
Time:	Clear language (no euphemisms) Dispel rumour
Time:	Clear language (no euphemisms) Dispel rumour Offer support Age appropriate factual information

https://www.education-ni.gov.uk/sites/default/files/publications/de/guide-to-managing-critical-incidents-in-schools.pdf

Possible areas for Development.

- Schools should always be a central part of the strategy discussion opportunities to reassure school leaders
- Possible internal allocation for liaison with external agencies for support (advantages and disadvantages of this proposal)
- Family liaison officer for the family encouraged to contact the school and introduce themselves
- Local authority have a clear system for support (critical incident team)
- Onsite support extremely challenging and intense period
- Planned debriefs that schools can be walked through at a specific time after the event – 1 month?
- An external voice that validates/promotes publicly the school's approach and work with external agencies



Possible areas for Development.

- Development of the school website in relation to wellbeing and avenues for support
- 'School parents online' developing a representative group of parents who perform a specific role in school and if appropriate, can play an active role on social media that is designed to de-escalate and signpost to school
- Schools to group their support mechanisms, such as counsellors, pastoral staff
- Social media strategy social media manager to be nominated in school
- Linked to a local school leader who has dealt with similar
- Take/present agreed actions to LASSH

Questions and Observations