

**GROUNDSWELL AND ST BASILS
YOUTH VACCINE CAMPAIGN**

FACT SHEET

Use the information here to help inform young people about the vaccine. The aim is to make sure that there is a consistent message of reliable and accurate facts and figures to help quell any uncertainty young people may be feeling, and help them understand the importance of getting vaccinated. We have also included relevant hashtags that you can use when communicating these messages online to help raise awareness.

HOW IT WORKS:

- The COVID vaccine stimulates the body's immune system to produce its own protection (antibodies) against the COVID-19 virus.
- The vaccine is injected into a muscle in your upper arm.
- The vaccine is administered in two doses.
- Like all vaccines there can be some common side effects including; swelling or pain where the injection is given in your arm; feeling feverish and tired or even headaches and nausea. But, these side effects do not last long and are nothing compared to the effects that COVID can have on your body.

WHY YOU SHOULD GET IT:

- Having the vaccine reduces your chances of getting seriously ill or dying, and passing it onto others.
- Every COVID-19 vaccine went through the same amount of testing, analysis and regulatory process as all other vaccines before they are approved for use.
- Each vaccine was tested across tens of thousands of people across a wide range of groups and demographics.
- If you're unsure about how to get the vaccine, speak to your GP or contact support staff from your accommodation, outreach team or local support service.

HASHTAGS TO ACCOMPANY YOUR POSTS:

#getthejab #rollupyoursleeves #armyourselfagainstcovid #preventthespread



ONE BLACK BEAR

St
Basils
Works with young people

Groundswell
Out of homelessness