## South West London Mental Health & Wellbeing Hubs

Health & Care Partnership **Training & Development Psychological Therapy** Supervision for Line manager / HR Option 1 Hub staff / Union / FTSP https://www. Online apps 1:1 counselling Guardian mertonuplift.n REACT ein & out of hours discussions learning for hs.uk Bereavement managers to https://www.s helpline support their Occupational uttonuplift.co. Option 2 staff uk/psychologic Health / OH Group counselling Bespoke MH al-therapies **Financial helpline** Counselling Service in & out of hours awareness Screening Telephone masterclasses as https://www.t Hubs undertake an helplines Based on the required alkwandswort assessment of all Option 3 principles of Mental Health h.nhs.uk/ staff referred and How are we psychological COVID 19 Risk primary & **First Aiders** Regional reaching & determine safety: Assessments secondary MH Counselling offers Mental Health referring the treatment options https://www.i prioritised support Training and targeted staff to (aim is for a two Awareness incl: cope.nhs.uk/ki development week timeframe the Hubs - emotional ngston/ **NHS People** options directed from referral to wellbeing; Option 4 through the hubs treatment) - Moral injury Spot Checks within https://www.r Signposting to: **Project 5** – clinically London hot spot areas ichmondwellb led 1:1 support & -Digital offers Transformation eingservice.nh coaching Learning -Regional offers <u>s.uk</u> collaborative --other relevant Internal comms to https://slamtraining to Gift cards community services raise awareness iapt.nhs.uk/ upskill staff and encourage self referral

We believe in an inclusive and innovative approach to care.

www.swlondon.nhs.uk

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