

SLAM Case Study

In collaboration with Black Thrive and the UK Association of Black Psychologists (UKABPsi), the Patient & Participation Race Equity working group is working to pilot emotional emancipation circles (EECs) for Black staff within SLaM. This has involved the BME network through discussions with their chair and presenting at two network meetings. It's intended that the support space will be promoted and continually informed by the voices of the BME network members. The first step of the project within SLaM will be offering a taster session and then the full 8-session EEC to potential Black facilitators.

<https://www.youtube.com/watch?v=DUZy4OSfr3I> (feedback from an EEC run in Brixton, London).

What's worked well?

Working in partnership with Black Thrive and the BME network, ensuring that we're effective allies, which has and will continue to involve being led by and supporting their community- and lived experience- informed ideas.

What has been the learning? What would you do differently?

Due to capacity/funding issues, the progress could be considered slow, however this is also a function of the importance of spending time building meaningful relationships with our third-sector partners.