

Covid-19 Staff Toolkit

access by clicking links below

Remote working

Colleagues working in performance management office (PMO) and Digital services (DS) are working together to support staff with ordering physical and technological equipment for colleagues working from home.

- Remote working and self-assessment action plan process
- Remote working FAQ's
- Safer Working Guidance
- Digital Services coaching

Human Resources (HR)

HR have developed resources to support staff working at the Trust in response to Covid-19.

- HR Maud intranet site
- Risk assessment
- HR updates
- HR FAQ's



Staff resources

To manage our stress we all need to look at our daily routines and make changes in one or more of these areas:

- Eat well
- Rest properly and take breaks
- Exercise regularly
- Connect with others, give to others
- Notice what causes stress and make choices to reduce

To access information from your Trust on support for your wellbeing during Covid-19, click the links below:

- Individual support
- Team support
- Managing Stress MOT (Mindfully Observing Tensions)
- Online meeting guide
- QI support (covers staff, patients and carers)

Infection Prevention Control (IPC)

The IPC team work to ensure that Trust services are provided in clean and safe environments, where systems are in place to manage and monitor the prevention and control of all infections.

Infection prevention and control is everyone's business, whether you are a patient, visitor or member of staff

- IPC guidance
- Covid-19 specific guidance
- Guidance concerning the clinical use of PPE
- National guidance concerning the use of face coverings and face masks in hospital settings

The infection control team can be contacted via the following email: Infection.Control@slam.nhs.uk

Give yourself a 'Managing stress MOT' by 'Mindfully Observing Tensions'

Search 'MOT' on Maud

Be self-aware to give good care

