

## Manchester Resilience Hub

The Greater Manchester resilience Hub has created a range of materials to support communication and proactive engagement services. Feedback has suggested that the business cards have been highly effective for examples staff find them easier to engage with at the end of shifts or late at night if they are having difficulty sleeping etc. The different methods of communication include:

- Business cards
- Advertising services on Trust screen savers
- Posters (examples shown)
- Social media graphics
- Health and Care Staff Wellbeing Offer Summary for Managers
- Emails to staff