# **RMP Colon and Rectal cancer Surveillance Guidelines for Personalised Stratified Follow-up 2019**

**Tumours with favourable prognosis**

|  |  |
| --- | --- |
| **Indication**pT1, pT2, some pT3s, T4, N0 M0 | **Location of follow-up**Hospital of diagnosis |
| Outpatients | Surgical outpatient appointment (OPA) within 6 – 12 weeks of discharge following surgery**No further OPA unless clinically indicated (symptoms or rise in CEA)**Patients can opt to have a face to face/ OPA at any point Any additional OPA at request of patient, CNS or surgeon |
| Carcinoembryonic antigen (CEA) | Year 1 3-monthly Year 2 & 3 – 6-monthly Year 4 & 5 – AnnuallyFull blood count liver function test and Urea and Electrolytes |
| CT chest, abdomen pelvis  | CT liver within 6 months if not done prior to surgeryAt least 2 CT scans for first 3 years |
| Colonoscopy | Full colonoscopy within 6–12 months of treatment if a full colonoscopy was not performed prior to treatmentFollow BSG Guidelines for colonoscopy surveillance following diagnosis of colorectal cancer. |

**Tumours with unfavourable prognosis**

|  |  |
| --- | --- |
| **Indication**pT3, pT4, N1–2 M0-1 | **Location of follow-up**Patients will be offered adjuvant therapy and will be followed up in the oncology clinic but if they decline chemotherapy follow-up in surgical clinic at hospital of diagnosis for tumour markers and CTs/MRIs as well as in the surgical clinic for colonoscopy |
| Outpatients | Surgical OPA as described aboveOncology OPA: 3-monthly appointment for the first year6-monthly appointments in years 2 and 3Annually in years 4 and 5 |
| CEA | At each oncology OPA |
| CT abdomen and chest | Annually until year 3, arranged by oncology unitIf not having chemotherapy annually for 5 years  |
| Colonoscopy | Full colonoscopy within 6–12 months of treatment if a full colonoscopy was not performed prior to treatmentFollow BSG Guidelines for colonoscopy surveillance following diagnosis of colorectal cancer. |

**Transanal Endoscopic Microsurgery and Local Excision**

OPA at 6 weeks

3-monthly flexible sigmoidoscopy for 1 year

3-monthly MRI for 1 year

Patients would then receive surveillance as described above

**Endoscopic Mucosal Resection (EMR) and Endoscopic Submucosal Disection (ESD)**

Colonoscopy 6-month post EMR/ESD

Patients would then receive surveillance as described above