|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **RiO iD** |  | **Initials** |  | **Date** |  |

**How satisfied are you with your mental health?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your physical health?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your job situation?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your accommodation?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your leisure activities?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your relationship with your partner/family?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your friendships?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your personal safety?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your finances?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your expression of identity?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your substance / alcohol use?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your medication?**

Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with the practical help you receive?**Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |

**How satisfied are you with your meetings with mental health professionals?**   
Do you need additional help in this area? Y/N

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | sadness%20clipart |  |  |  | [clipart smiley face](http://www.clipartpanda.com/clipart_images/downloads-1573701) |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Totally dissatisfied | Very dissatisfied | Fairly dissatisfied | In the middle | Fairly satisfied | Very satisfied | Totally satisfied |
| Goals & Actions | | | | | | |