**DIALOG**

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| 1. **Aap apni zehni sehat se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | |  | | | | | | | | |
| 1. **Aap apni jismaani sehat se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | |  | | | | | | | | |
| 1. **Aap apni naukri ki surat-e-haal se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | |  | | | | | | | | |
| 1. **Aap apni rehaayesh se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | |  | | | | | | | | |
| 1. **Aap apne faarigh auqaat ki sargarmiyoun se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | |  | | | | | | | | |
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| 1. **Aap apne shareek-e-hayaat aur ghar waloun k saath apne taaluqaat se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |
|  |  |
| 1. **Aap apne dostoun k saath taaluqaat se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |
|  |  |
| 1. **Aap apni zaa’ti hifaazat k baaray mai kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |
|  |  |
| 1. **Aap apni dawaaiyoun se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |
|  |  |
| 1. **Aap roz-marrah k kaamoun mai khud ko milne wali madad se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |
|  |  |
| 1. **Aap zehni sehat se mutaliqa afraad k saath apni mulaqaatoun se kitna mutmayen hain?** | Kia aap ko iss k mutaaliq mazeed madad ki zaroorat hai? Y/N |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | Mukammal taur per ghair-mutmayen | Bohat ziada ghair-mutmayen | Kaafi ghair-mutmayen | Darmiyaan mai (Na mutmayen, na ghair-mutmayen) | Kaafi mutmayen | Bohat ziada mutmayen | Mukammal taur per mutmayen | | |