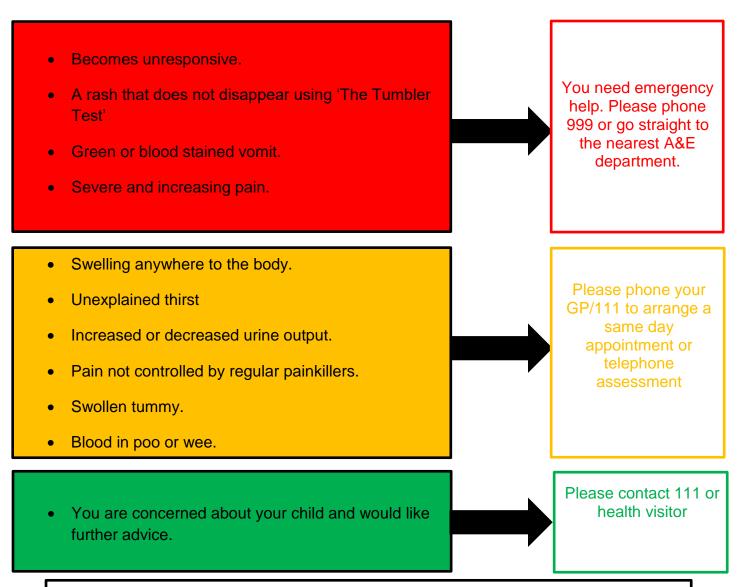


Abdominal Pain Advice Sheet

Abdominal pain in children is a common problem. Most children do not require any treatment and the pain will eventually go by itself, but in some cases the pain may become worse. Check your child regularly, if your child shows any of the signs/symptoms below please follow the advice given.



Offer your child regular diet & fluids.

Give regular pain relief. Paracetamol / Ibuprofen as per manufactures instructions

Common Causes of Abdominal pain

- Constipation Not opening bowels on a regular basis and or hard poo
- Urinary tract infection Infection in the bladder or kidneys
- Gastroenteritis Stomach bug, which may cause diarrhoea or vomiting
- Appendicitis Inflamed Appendix
- Gynaecological problems in teenage girls eg. period pains