



Transforming Cancer Services Team for London

BRIEFING NOTE

To	<ul style="list-style-type: none"> • CCG cancer clinical leads, commissioning managers for cancer • STP cancer programme leads, cancer SROs • CSU cancer commissioning / performance managers • Vanguard/Alliance LWBC programme leads, lead nurses, directors • TCST LWBC Partnership Board members, TCST team • Macmillan London senior team, GP leaders
Date	31 July 2018
Subject	TCST's Living with and beyond cancer programme – Q1 update
Onward circulation	Recommended for onward sharing with CCG/STP cancer boards, Vanguard/Alliance LWBC groups, Macmillan regional teams and clinical forums

Dear colleagues

Please find below our latest news from the living with and beyond cancer (LWBC) within the Transforming Cancer Services Team for London (TCST). This covers the period April to June 2018. If you would like any information or to book a meeting with the team, please contact us at: England.tcstlondon@nhs.net

London LWBC Partnership Board

Recent meeting – Our latest meeting was on 12 June and the board is now co-chaired between Macmillan and Peter Goulding (chair of the pan London Patient Advisory Group). The board is now also operating as one part of the London governance for LWBC. The second part is the pan London LWBC Oversight Group for cancer transformation monies.

Membership changes – We said farewell to Georgina Wiley, Macmillan Project Support Officer. Georgina has been a great support to the TCST's Living with and Beyond Cancer programme and will be missed. We now also have named representatives from each STP, in addition to the three alliances, Macmillan and TCST.

Primary Care development

Cancer as a long term condition – We have launched a practical toolkit for London STPs and CCGs to develop local initiatives to support patients with cancer as part of long term conditions management. The toolkit incorporates a Year of Care model and integrated care frameworks as outlined in the Five Year Forward View and NICE Multimorbidity: clinical assessment and management (NG56). Sarita continues to work with NWL STP to develop a pan London SystemOne template for cancer care reviews as there is a gap for a standardized holistic template.

For a copy of the Toolkit, please visit <https://www.healthylondon.org/resource/commissioning-and-delivery-toolkit-for-cancer-as-a-long-term-condition>

Data analysis on cancer as a LTC – as part of Public Health England's (PHE) TCST Partnership, Sophie has been continuing work that Molly started on the burden of subsequent primary cancers at Cancer Alliance, STP and CCG level across London. These analyses are ongoing but a workbook is expected to

be produced in the coming months. Jason Petit, Liz Price and Sophie submitted an abstract on discrepancies in reported cancer prevalence between the QOF and national cancer registry data, which has been accepted as a poster at the annual PHE conference.

Primary care education portal and prospectus - A cancer education portal designed to support Sustainability and Transformation Partnerships, CCGs and educational commissioners is available on <https://www.healthylondon.org/resource/cancer-education-and-training-portal-for-primary-and-community-care/>

The portal for primary and community healthcare (in both early diagnosis of cancer and LWBC) provides:

- training needs assessment (TNA) reports, educational prospectus, and additional resources results to help Sustainability and Transformation Partnerships, CCGs and educational commissioners understand the gaps in cancer training and education of the primary and community healthcare workforce
- a comprehensive database of relevant training and educational cancer courses for primary care community healthcare professionals
- links to further online cancer-centred resources

Primary Care Cancer Nurse Lead – Liz has been supporting Sandra Dyer in SWL STP in her new leadership role, provide both a clinical and strategic voice for primary care nurses in the STP. Sandra's post is funded by Macmillan and in partnership with TCST and Macmillan, the STP is producing a competency framework for General Practice Nurses (GPNs) and community nurses that will be suitable for pan London use. The partnership will also update the TNA tool for primary care nurses.

Consequences of treatment and physical activity

Lymphoedema –Karen Robb continues to support STPs with implementation of the TCST guidance. A lymphoedema engagement event was held for healthcare professionals on 20th July at Skipton House. It is designed to help shape a future 'Community of Practice' and is fully funded by Macmillan Cancer Support. The team are delighted that Karen was highly commended at the 2018 Healthcare Transformation Awards for the lymphoedema guidance. An abstract and subsequently a poster was presented at the Multinational Association of Supportive Cancer Care 2018 conference in Vienna during June.

Psychosocial care for adults affected by cancer – Philippa presented her report and recommendations at the Cancer Commissioning Board in February, with the final report published in May to coincide with Mental Health Awareness week. *The psychological impact of cancer: commissioning recommendations, pathway and service specifications on psychosocial support for adults affected by cancer* report can be seen online on the HLP website: <https://www.healthylondon.org/resource/psychological-cancer-support/>

Funding for Philippa's post was extended by Macmillan Cancer Support until December 2019 to focus on:

- further consultation on service specification details (e.g to optimise relationships and pathways between primary care, Integrated IAPT services and Psycho-oncology teams)
- developing a business case to support the service specification
- providing bespoke follow up support to STPs across London and West Essex CCGs to assist with implementation.
- continuing to provide system leadership on cancer and mental health

- completing a comprehensive health equity assessment to ensure the pathway fits for marginalised groups (people with LD, SMI, across all age groups, gender, sexuality, BME, English not a first language etc) before roll out Pan-London.

Three Task & Finishing groups have been established to deliver Phase 2 outputs: an Equality and Health Inequalities Analysis T&F Group, a pathway specification T & F group (taking a 'whole' pathway approach to primary care/IAPT/psycho-oncology/liaison psychiatry interface) and a business case development T & F group.

A Psychosocial support and cancer steering group has been established to oversee the work of phase 2. Membership of the group includes representation across the whole pathway including primary care, Improving Access to Psychological Therapies (IAPT) services, psycho-oncology services, the three cancer alliances across London, service users, commissioners and the third sector. The first meeting was held on July 4th and further meetings will be held on a quarterly basis.

An abstract and subsequently a poster was presented at the Multinational Association of Supportive Cancer Care 2018 conference in Vienna during June.

Cancer Rehabilitation – Georgina Wiley our Band 7 project facilitator has now left the team and has moved into a national role with Macmillan. We thank her for her great work and dedication. Three task and finish groups have been very busy over the last few months working on mapping rehabilitation services, developing a minimum dataset and producing a quality improvement tool. Karen is now working to finalise reports on our mapping and improvement tool work and the final Commissioning Guidance, with recommendations for cancer rehab, is due in Winter 2018. Please contact us if you would like to know more or if you would like Karen to present to your team on any aspect of this work.

The team are also delighted that three abstracts on the cancer rehabilitation projects have been accepted for poster presentations at the European Cancer Rehabilitation & Survivorship Symposium in Copenhagen in September.

Recovery package and stratified pathways

Primary care led pathway for management of stable prostate cancer – TCST's pathway went live in North Central London on the 2nd October and continues with the implementation. Sarita continues to support the STP to unravel bottlenecks and govern the transfer process from secondary to primary care.

An abstract and subsequently a poster was presented at the Multinational Association of Supportive Cancer Care 2018 conference in Vienna during June. In addition to NCL, the TCST is also supporting SWL, SEL and NWL STPs in developing their primary care stratified pathways for stable prostate cancer patients.

Commissioning guidance – The 2015 Recovery Package Commissioning Guidance will be refreshed and it will now incorporate stratified follow up pathways. We will be using your feedback previously collected however; please do get in touch if you would like to discuss the refresh in more detail.

KPI data definitions – last year, the pan London data definitions for the recovery package and stratified follow up were agreed by the LWBC Partnership Board in June. We were due to refresh them this year, however the national cancer team are producing national metrics. TCST and the three alliances have been part of the consultation process. The definitions are expected to be published in 2018.

Tackling health inequalities

Inequalities in health exist across a range of dimensions, such as socio-economic deprivation and personal characteristics like age, gender and ethnic background. These inequalities are reflected in a range of outcome measures, which includes people's experience of services. Reducing health inequalities means giving everyone the same opportunities to live a healthy life and to access services that support them to do this, no matter where they live or who they are.

For the living with and beyond cancer programme, tackling inequalities means ensuring that guidance and support to implement pathways and services includes tailored advice to ensure that services are both accessible and acceptable to everyone that needs them, and that this is regularly reviewed through health equity audit.

We have undertaken equity assessments on the cancer rehabilitation and psychological support commissioning guidance and are including recommendations such as modifications to systems, staff training, service locations, recording, monitoring and evaluation. We welcome feedback from organisations about actions to reduce inequalities and how they have demonstrated this.

Did you know?

- Macmillan is now hosting the **NCAT rehabilitation pathways**. These cancer rehabilitation pathways were originally produced by the National Cancer Action Team and have been redesigned. Phase 2 of the work is being planned and will involve updating the original pathways.
- NHS Improvement has published findings from a project commissioned to **evaluate current leadership arrangements for AHPs**. It was developed to provide an evidence-based approach to reviewing and improving AHP leadership in provider organisations.
- British Psychological Society has produced guidelines for the **role of practitioner psychologists in the assessment and support of women considering risk-reducing breast surgery**. As the guidance identified, "the decision to pursue risk-reducing surgery is complex, personal and irreversible". The guidance is designed to inform surgical pathways and local commissioning arrangements regarding the role of practitioner psychologists in this important work.

Liz Price
Associate Director (LWBC)

Sarita Yaganti
Implementation Lead

Dr Karen Robb
Macmillan Rehabilitation Clinical Lead

Judith Shankleman
Public Health Advisor

Dr Philippa Hyman
Macmillan Mental Health Clinical Lead

Sophie Jose
Cancer Information Analyst

Georgina Wiley
Macmillan LWBC Facilitator

Yvonne Damanhuri
Team Administrator

Tel: 0113 825 1287
Email: england.tcstlondon@nhs.net