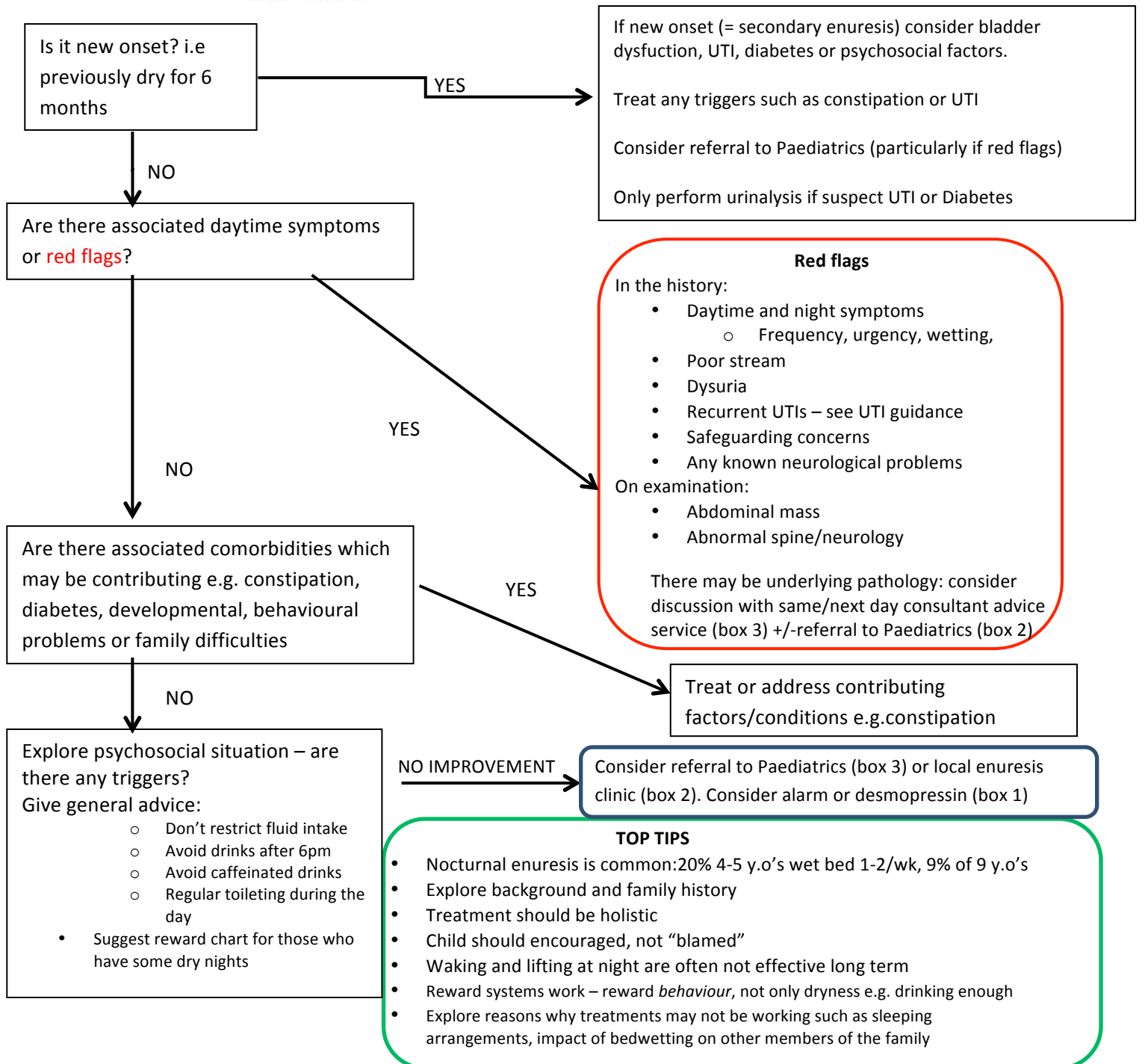


Management of Bedwetting (Nocturnal Enuresis) in children and young people.



<p>Box 1. Nocturnal alarm</p> <ul style="list-style-type: none"> 1st line treatment if no response to other measures (see www.eric.co.uk for advice re alarms) <p>Desmopressin :</p> <ul style="list-style-type: none"> 2nd line if no response to other measures/alarm or 1st line where rapid control is needed or an alarm is inappropriate If used following a trial with the alarm, desmopressin may be used initially with the alarm Route : orally or sublingually Assess success after four weeks and continue for three months if there is some response. Desmopressin can be given 1-2 hours before bedtime in resistant cases (same rules about fluid restriction). If desmopressin is being used long-term, withdraw for one week every three months to see if dryness has been achieved. 	<p>2. Referrals to general paediatrics:</p> <p>1. General paediatrics: KCH : via Choose and Book Evelina : Letter to General Paediatrics by:</p> <ul style="list-style-type: none"> Post : Sky Level 6, Evelina Children's Hospital Fax: 020 7188 4612, or Tel: 02071884783 Email: general.paediatrics@nhs.net <p>OR</p> <p>2. Referral to Community Services (incl enuresis clinic)</p> <p>Lambeth : Mary Sheridan Centre Southwark : Sunshine House</p> <p>Link to access referral form/contacts : http://www.guysandstthomas.nhs.uk/our-services/community-paediatric-services/referrals.aspx 020 7188 4683 for queries</p> <p>OR</p> <p>Enuresis Alarm dispensing Clinic (sunshine house or MSC)</p>	<p>3. For same/next day Paediatric advice from Paediatric consultant:</p> <ul style="list-style-type: none"> Evelina : Phone : 07557 159092 (11am-7pm weekdays) Evelina : Email: general.paediatrics@nhs.net (answer within 24hrs on weekdays) KCH : Phone: 02032996613 (option 3), (8.30am – midnight weekdays, 8 30am - 8pm weekend) KCH : Email : via Choose and Book for a response within 24 hrs Mon-Fri.
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