



Supporting Children's Health Asthma



www.supportingchildrenshealth.org

Support children and young people with asthma

Working in conjunction with The George Coller Memorial Fund, Education for Health has developed an online educational resource called 'Supporting Children's Health'. The resource raises awareness and provides basic information on supporting children and young people with long term conditions, with its first module focusing on asthma.

Designed to support those who work with children or young people with asthma, such as teachers and sports coaches, this free online resource delivers quality assured, standardised asthma training, providing you with a basic level of awareness and understanding of asthma.

The online module takes approximately 45 minutes and a downloadable certificate is available upon completion. Content covers:

- Understanding how asthma may affect a child's quality of life
- Recognising some of the triggers that may affect children with asthma
- Learning how medicines work and how different inhalers are used
- Identifying signs that a child may be developing an asthma attack
- Knowing how to help a child who is having an asthma attack

Free
online
resource

This free online resource is a public access site with content developed by expert practising clinicians that provides an introduction to asthma, helping learners to effectively support the management of children with asthma in school, the community and early years setting.



education for health



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