

How long a preventer inhaler should last

INHALER	LASTING TIME	NO PER YEAR
Clenil 50mcg MDI (200 actuations)	1 puff BD – 100 days 2 puffs BD – 50 days	4 7
Clenil 100mcg MDI (200 actuations)	1 puff BD – 100 days 2 puffs BD – 50 days	4 7
Clenil 200mcg MDI (200 actuations)	1 puff BD – 100 days 2 puffs BD – 50 days	4 7
Clenil 250mcg MDI (200 actuations)	1 puff BD – 100 days 2 puffs BD – 50 days	4 7
Flixotide 50mcg MDI (120 actuations)	1 puff BD – 2 months 2 puffs BD – 1 month	6 12
Flixotide 125mcg MDI (120 actuations)	1 puff BD – 2 months 2 puffs BD – 1 month	6 12
Seretide 50mcg MDI (120 actuations)	1 puff BD – 2 months 2 puffs BD – 1 month	6 12
Seretide 100mcg accuhaler (60 actuations)	1 puff BD – 1 month 2 puffs BD – 15 days	12 24
Seretide 125mcg MDI (120 actuations)	1 puff BD- 2 months 2 puffs BD - 1 month	6 12
Seretide 250mcg MDI (120 actuations)	1 puff BD – 2 months 2 puffs BD – 1 month	6 12
Symbicort 100/6 turbohaler (120 actuations)	1 puff BD – 2 months 2 puffs BD – 1 month	6 12
Symbicort 200/6 turbohaler (120 actuations)	1 puff – 2 months 2 puffs – 1 month	6 12
Symbicort 400/6 turbohaler (60 actuations)	1 puff BD – 1 month 2 puffs BD – 15 days	12 24

With thanks to Croydon asthma team (CHAH) Jan 2021