Asthma Control Test - Somali

Fadlan buuxi su'aalaha soo socda ka hor inta aanad arki dhakhtarkaaga / kalkaalisada
Su'aal kasta akhri oo ka dooro mid jawaab u ah su'aal kasta

|  |  |
| --- | --- |
| 1 | Inta lagu jiro 4 todobaad ee la soo dhaafay, sida inta badan ma aad neefta looga ilaaliyo ilmahaaga inay sida ugu badan u sameeyey dugsiga ama guriga? |
| Mar kasta | Inta badan | Qaar ka mid ah waqtiga | A yar oo markii ugu | Midkoodna waqtiga |  |
|  |  |  |  |  |  |  |
| 2 | Inta lagu jiro 4 todobaad ee la soo dhaafay, inta jeer ee uu ilmahaagu lahaa neefta oo ku qabata? |
| More ah maalintiiba hal mar ka badan | Marka maalin | 3-6 jeer wiigii | 1-2 jeer wiigii | Aan at dhan |  |
|  |  |  |  |  |  |  |
| 3 | Inta lagu jiro 4 todobaad ee la soo dhaafay, sida inta badan ma astaamahooda Xiiqda (hinraagid, qufac, adkaanta, neeftuurayo) iyaga habeennimo toosaan ama aroor hore? |
| 4 jeer ama ka badan toddobaadkii | 2-3 habeen toddobaadkii | Marka toddobaadkii | Mar ama laba jeer | Aan at dhan |  |
|  |  |  |  |  |  |  |
| 4 | Inta lagu jiro 4 todobaad ee la soo dhaafay, inta jeer ee ay leeyihiin, waxay lahaayeen in ay ku isticmaalaan qalabka neef-buluug ah? |
| 3 jeer ama ka badan halkii maalin | 1-2 jeer maalintii | 2-3 jeer wiigii | Marka toddobaadkii | Aan at dhan |  |
|  |  |  |  |  |  |  |
| 5 | Sidee baad u qiimeyn lahayd ay gacanta ku hayaan neefta inta lagu guda jiro 4 todobaad ee la soo dhaafay? |
| Aan ka taliso | sida xun loo kontoroolay | Haa illaa iyo xad gacanta | si fiicanna loo maamulo | kaba |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  | TOTAL |  |