Asthma Control Test - Somali

Fadlan buuxi su'aalaha soo socda ka hor inta aanad arki dhakhtarkaaga / kalkaalisada  
Su'aal kasta akhri oo ka dooro mid jawaab u ah su'aal kasta

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | Inta lagu jiro 4 todobaad ee la soo dhaafay, sida inta badan ma aad neefta looga ilaaliyo ilmahaaga inay sida ugu badan u sameeyey dugsiga ama guriga? | | | | | | | | | |
| Mar kasta | Inta badan | | | Qaar ka mid ah waqtiga | | A yar oo markii ugu | | Midkoodna waqtiga |  |
|  |  | |  |  | |  | |  | |  |
| 2 | Inta lagu jiro 4 todobaad ee la soo dhaafay, inta jeer ee uu ilmahaagu lahaa neefta oo ku qabata? | | | | | | | | | |
| More ah maalintiiba hal mar ka badan | Marka maalin | | | 3-6 jeer wiigii | | 1-2 jeer wiigii | | Aan at dhan |  |
|  |  | |  |  | |  | |  | |  |
| 3 | Inta lagu jiro 4 todobaad ee la soo dhaafay, sida inta badan ma astaamahooda Xiiqda (hinraagid, qufac, adkaanta, neeftuurayo) iyaga habeennimo toosaan ama aroor hore? | | | | | | | | | |
| 4 jeer ama ka badan toddobaadkii | 2-3 habeen toddobaadkii | | | Marka toddobaadkii | | Mar ama laba jeer | | Aan at dhan |  |
|  |  | |  |  | |  | |  | |  |
| 4 | Inta lagu jiro 4 todobaad ee la soo dhaafay, inta jeer ee ay leeyihiin, waxay lahaayeen in ay ku isticmaalaan qalabka neef-buluug ah? | | | | | | | | | |
| 3 jeer ama ka badan halkii maalin | 1-2 jeer maalintii | | | 2-3 jeer wiigii | | Marka toddobaadkii | | Aan at dhan |  |
|  |  | |  |  | |  | |  | |  |
| 5 | Sidee baad u qiimeyn lahayd ay gacanta ku hayaan neefta inta lagu guda jiro 4 todobaad ee la soo dhaafay? | | | | | | | | | |
| Aan ka taliso | sida xun loo kontoroolay | | | Haa illaa iyo xad gacanta | | si fiicanna loo maamulo | | kaba |  |
|  |  |  | | |  | |  | |  |  |
|  |  |  | | |  | |  | | TOTAL |  |