

inspire

Supporting the health of
Black Londoners



London inspire Programme

London inspire Programme

inspire Black Londoners' Health and Wellbeing

Presentation Content

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“We need to be valued for who we are and what we contribute to communities.”

Black advocacy worker

“The system is just not set up for people like me.”

19-year-old Black Londoner.



Legacy Health Equity Partnership Programme Partners



UK Health Security Agency



Office for Health Improvement & Disparities

GREATER LONDON AUTHORITY

An NHS London partnership together with UKHSA, OHID, ADPH, GLA, Local Councils

London inspire Programme - Background and Context

The Lambeth approach

In October 2021, Lambeth Council in partnership with NHS, UKHSA, OHID and the GLA, successfully delivered a Black Health and Wellbeing day. This event was promoted and delivered under the inspire Brand – a health and wellbeing brand developed by Black Londoners for Black Londoners. This was repeated in October 2022, again with great success

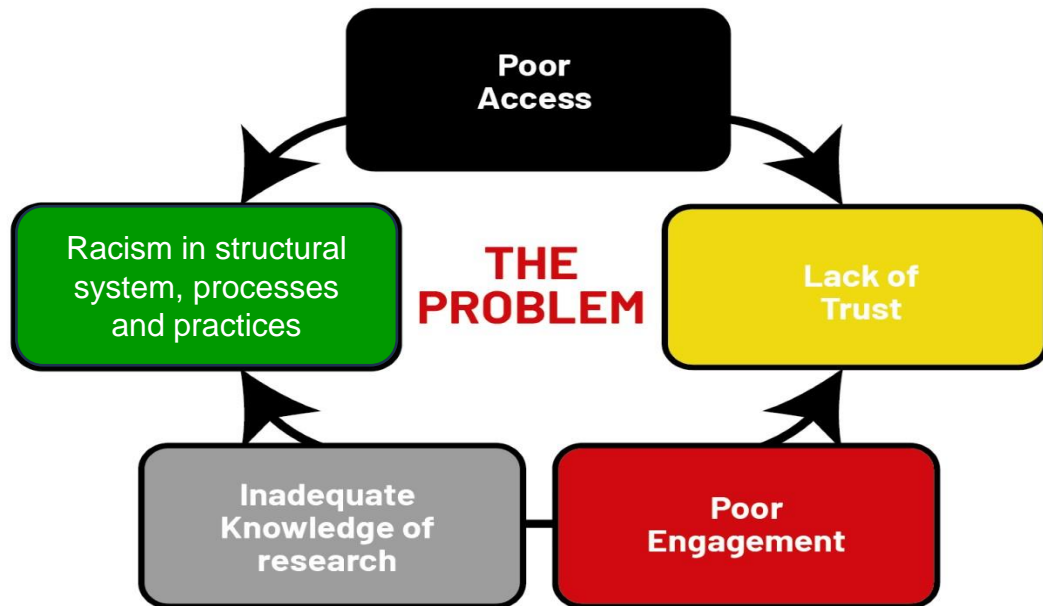
The 8-borough work

London Councils wanted to build on the positive outcomes and learning from that event, to develop a programme of activities and events in the 8 London boroughs with the lowest covid 19 vaccine uptake and largest Black population. Due to its success, it was expanded across London

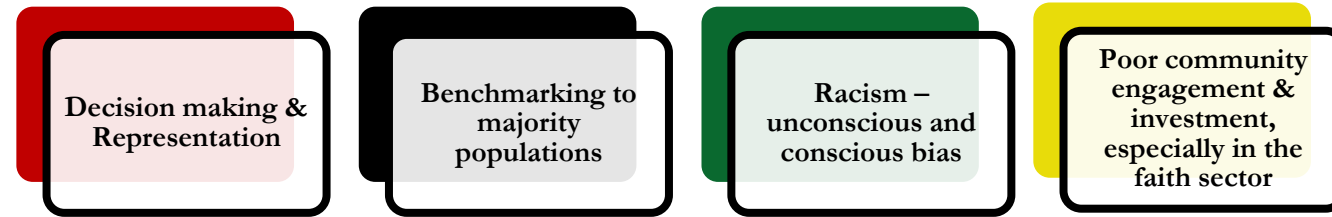
Expansion of the Programme

Work began on planning the London inspire Programme in spring 2023 and the Caribbean & African Health Network (CAHN) were selected to lead the pan-London expansion

Why CAHN?



Structural Barriers



State of Health for Black Caribbean & African People

5 times more likely to develop kidney failure	3 times more likely to have type 2 diabetes and get it 10 years earlier	2 times more likely to have a stroke	4 times more likely to have hypertension	3 times more likely to get prostate cancer	3 times more likely to be overweight
4 times more likely to die from COVID	9 times more likely to get long COVID	10 times more likely to have severe mental health disorders	4 times more likely to be sectioned under the mental health act	2 times more likely to be diagnosed late with HIV	Significantly more likely to get liver cancer
1 in 4 times likely to get dementia but less likely to get a formal and early diagnosis	4 times more likely to die in pregnancy or from complications	121% more likely to suffer neonatal death	50% more likely to suffer stillbirth	fibroids are three times more likely to occur in Black women	Endometriosis common in Black women.

Programme Steering Group

Co-Chairs

1. Juliet Amoa – Associate Director, EDI Community Health and Engagement London Borough of Lambeth
2. Cedi Frederick –Independent chair NHS LHEP

Steering Group Members:

1. Dr Geoffrey Ocen – CEO, The Bridges Renewal Trust
2. Oveta McInnis – Chair of Enfield Caribbean Association
3. Sistah Stella Headley - CEO/Co-founder of RMUK Wellbeing CIC (RMUK)
4. Sheri Lawal – Founder of Choices CIC
5. Paula Bryan - Carers4Carers
6. Dr Julie Hammond – GP in Dartford East
7. Angharad Shambler - Senior Public Health Strategist, Haringey Council
8. Brenda Scotland - Public Health Programme Manager (Healthy Communities), London Borough of Tower Hamlets
9. Dr Datapwa Mujong – GP in North Kensington
10. Leah De-Souza Thomas - Office for Health Improvement and Disparities
11. Rev Les Isaac – President, Ascension Trust

Facilitating Team:

- Charles Kwaku-Odoi – Chief Executive, CAHN
- Percy Akudo – Head of Strategy and Income, CAHN
- Shadi Ambrosini – Health & Wellbeing Development Lead, CAHN
- Asha Winfred - Development Manager Lambeth Together - Equality, Diversity & Inclusion



Programme Activities



Health Awareness
Raising



Community Events
with Health Screening



Shining the light on
best practice



Community Asset
Mapping



Website with relevant
health resources



Structured
Engagement with the
Integrated Care
System



Programme Activities - Webpage



A new webpage called inspireblackhealth.london has been launched to support the health of Black Londoners. The website aims to provide easy access to resources, support, and advice to help Black people improve their physical and mental wellbeing. Its goal is to ensure that Black Londoners have the necessary tools to maintain good health and wellbeing.



8,799,748 London Population	7,401,473 Non-Black Population	1,398,275 Black Population	Community Organisation Link
	84.11%	15.89%	

- African Advocacy Foundation
- African Caribbean Educationals Network
- African Caribbean Medical Association
- African Catholic Mission
- African Health Policy Network
- African Mindset
- Black Minds Matter
- Black Thrive
- BLAM Charity (Black Learning Achievement and Mental Health)
- Blueprint For All (fka Stephen Lawrence Charitable Trust)
- Bright Centres
- British Caribbean Doctors and Dentists Association
- Carers4Carers
- Celutions
- Imkaan
- The 100 Black Men of London
- The Black Child Agenda Advocacy
- The Black, African and Asian Therapy Network
- The French African Welfare Association
- The Health Foundation
- The Motherhood Group
- The Ubele Initiative
- Word on the Curb



17	18	19	20	21	22
23	24	25	26	27	28
30	31	1	2	3	4
5					

Programme Success

Built on a model of co-production and co-design; enabling community and VCSE organisations to take ownership of the programme and shape its priorities

Facilitated and supported local health awareness and health literacy engagement sessions; in-person events and online health promotion campaign

Utilising assets within the community to achieve its aims including Black Clinicians and other Allied Health Professionals; Black-led and Black serving organisations across London

Foster partnership and collaboration opportunities for Voluntary Community Social Enterprise organisation to deliver health interventions.

Programme Challenges

Working across the 32 boroughs with limited historical demographic data

Challenges due to re-organisation of the Health and Social Care landscape i.e. move from CCGs to ICSs

System Pressure therefore limited capacity and low appetite to engage with the programme

Measuring Impact in a manner that attracts future investment.

Continuity and Sustainability – Resource constraints as there is no multi-year funding currently for the programme

Learning & Recommendations

Importance of a robust community engagement framework; working with communities to deliver interventions

Programme Flexibility and enabling it to be driven by organisations who are trusted and have strong links into the community

Emphasis and prevention, early detection and self-care

Whole system change through robust and amplification of the Black community voice

Thank you!



for enquiries, please email

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 www.inspireblackhealth.london

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